



ISRAEL – HANUKKAH

WHAT DO THEY EAT?

- LATKES
 - FRIED POTATO CAKES
- SUFGANIYOT
 - FRIED, JELLY-FILLED DONUTS



UKRAINE – CHRISTMAS EVE DINNER

WHAT DO THEY EAT?

- KUTYA/KUTIA
 - A DISH SWEETENED WITH HONEY
 - INCLUDES INGREDIENTS LIKE WHEAT, POPPY SEEDS, AND NUTS
 - A SYMBOL OF GOOD HARVEST AND ABUNDANCE



UNITED KINGDOM - CHRISTMAS FEAST

WHAT DO THEY EAT?

- MINCE PIES
 - PIES FILLED WITH MINCEMEAT AND DRIED FRUITS
 - ORIGINAL MINCE PIES CONTAINED BEEF



SWEDEN - ST. LUCIA'S DAY

WHAT IS ST. LUCIA'S DAY?

- DECEMBER 13TH IS THE FIRST DAY OF THE CHRISTMAS SEASON
- THE OLDEST DAUGHTER OF EACH FAMILY DRESSES IN A WHITE GOWN WITH A RED SASH AND CROWN FULL OF CANDLES
- SHE TAKES A TRAY OF SAFFRON BUNS TO HER PARENTS IN BED

WHAT DO THEY EAT?

- SAFFRON BUNS
- SPICED SWEET BUNS FLAVORED WITH CINNAMON



SICILY - FEAST OF THE SEVEN FISHES

WHAT IS THE FEAST OF THE SEVEN FISHES?

- ON THE EVES OF SPECIAL HOLIDAYS, ROMAN CATHOLICS DON'T EAT MEAT OR DAIRY PRODUCTS
- AFTER FASTING, THEY EAT SEVEN SEAFOOD DISHES

WHAT DO THEY EAT?

- SOME DISHES INCLUDE SALTED COD, SHRIMP, AND CALAMARI



SCOTLAND - BURNS NIGHT

- WHAT IS BURNS NIGHT?
 - THE SCOTTISH POET ROBERT BURNS IS CELEBRATED ON JANUARY 25TH
- WHAT DO THEY EAT?
 - HAGGIS
 - A TYPE OF PUDDING COOKED IN SHEEP'S STOMACH



MEXICO - DAY OF THE DEAD

- WHAT IS DAY OF THE DEAD?
 - A CELEBRATION HONORING LOVED ONES WHO HAVE PASSED AWAY
- WHAT DO THEY EAT?
 - BREAD FOR THE DEAD
 - LOAVES OF BREAD BAKED IN THE SHAPE OF PEOPLE AND ANIMALS



INDIA - DIWALI

- **WHAT IS DIWALI?**
 - **FESTIVAL OF LIGHTS**
 - **CELEBRATION OF GOOD OVER EVIL**
- **WHAT DO THEY EAT?**
 - **BESAN BURFI**
 - **FUDGE-LIKE BISCUITS**

